



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

December 2024

Volume 31, Issue 12

HOLIDAYS OBSERVED DURING THE MONTH OF DECEMBER

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December 24-25
 Christmas Eve
 Christmas Day

December 31
 New Year's Eve



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HAPPY HOLIDAYS TO YOU

From the

**Executive Office
 Administrative Services
 Finance
 Housing
 Community Development**



Attention!

FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- CNA;
- Self-Paced Typing;
- Employability Skills Workshops;
- Resume and Interviewing Prep;
- Job Lead Assistance;
- Homeownership.

Call 757.928.3680 if you have questions regarding the programs offered.

8:00 a.m. - 4:30 p.m.

Family Investment Center

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofrece los Cursos que sigue:

- Mecanografía;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.

Centro de Trabajo
Para La Familia

Lunes—Viernes

8 de la mañana-
4:30 de la tarde

757.928.3680 ingles
757.928.6146 espanol



FIC STAFF MEMBERS

Chrystal Barnes	PH FSS	757-928-3680
Lora Jarrett	Main Number	757-928-3681
Brenda Williams	Job Search	757-928-3682
Tara Johnson	504 Request	757-928-3684
Kim Blowe	Tenant Relations Advisor	757-928-4302
Tiawanna Peterson	Tenant Relations Advisor	757-928-6170

Great Training Opportunities...

Family Investment Center

Marshall Courts Recreation Center
3303 Marshall Avenue • Newport News, VA
Monday thru Friday
8:00 AM — 4:30 PM
757.928.3682

NEWPORT NEWS REDEVELOPMENT
AND HOUSING AUTHORITY

2025 SCHOLARSHIP PROGRAM

Eligibility Criteria

- Resident of NNRHA public or assisted housing
- GPA of 2.5 or higher
- Plan to enroll full -time at an accredited college, university, vocational/technical institute, business school
- Adults and high school seniors

*Application
Deadline*

JANUARY 31, 2025



For more information: **TIAWANNA PETERSON**
757-928-6170 OR
757-592-0666



tpeterson@nnrha.org



Newport News Redevelopment and Housing Authority

COMMUNITY RESOURCES

COMPUTER LAB IS OPEN FOR LEARNING

OUR SERVICES INCLUDE

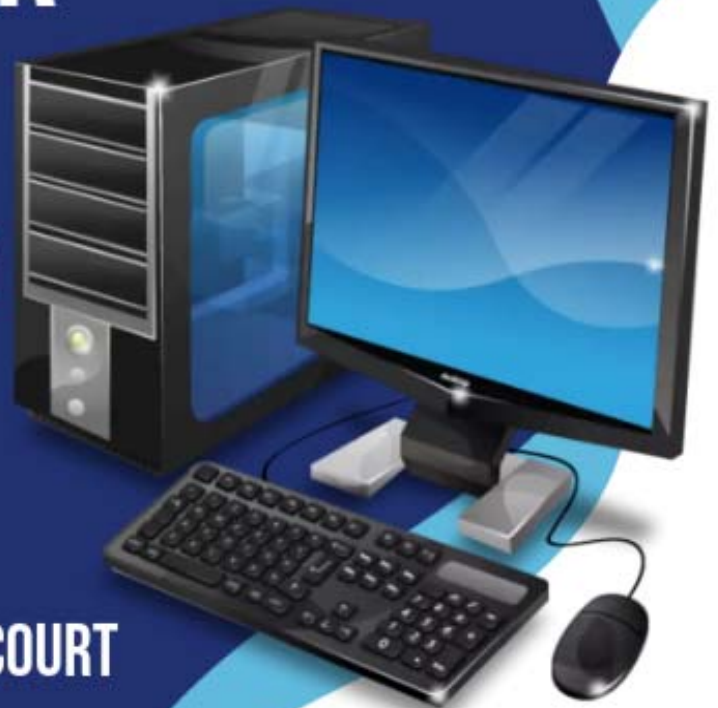
- GED
- Resume Assistance
- Job Search Strategies
- Interview Skills
- AND MORE...

LOCATION: 3301 MARSHALL COURT

BRENDA WILLIAMS
757-928-3682
bjackson@nnrha.org



LORA JARRETT
757-928-3681
ljarrett@nnrha.org





FREE TAX PREP SERVICES

Volunteer Income Tax Assistance program (VITA) provides free tax advice, tax preparation, return filing and other tax assistance to members of the Hampton Roads community.

Bethel AME Church, Christopher Newport University, Hampton University, HRCAP, Six House INC, United Way of Virginia Peninsula

CALL TODAY

Brenda Williams-Jackson



757-928-3682 or 757-592-1654



bjackson@nnrha.org



REHABILITATION ASSISTANCE



We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
AI Anon/Alateen 1-888-425-2666	Support group Alcoholism-friends/relatives and teens.	No fees
AA Hotline 595-1212	12 Step Program	No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees
Advanced Recovery Systems	Alcohol, Eating Disorders and Substance Abuse	Private Insurance

FILING A COMPLAINT...

Here is the Customer Service Hotline Number:

757-928-6063 or 757-928-6170

TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU



This newsletter is published by the
Newport News Redevelopment and
Housing Authority

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News Layout: Lisa Artis



Newport News Redevelopment and
Housing Authority
P. O. Box 797
Newport News, VA 23607

General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

Note to Residents: If you believe the situation can wait until the next day, call first thing in the morning.

Requested Work Orders

Public Housing

Marshall Courts (757) 928-6154
 Ashe Manor (757) 928-6187
 Aqueduct (757) 833-5700
 Pinecroft (757) 269-4300
 Orcutt Townhomes I (757) 928-6187

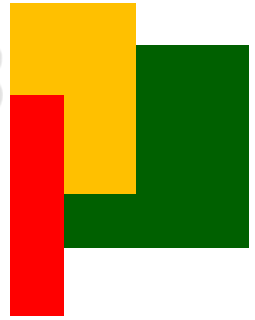
*Marshall (757) 928-6181

Tax Credit Properties

Oyster Point/Brighton (757) 269-4307
 Brighton (757) 591-3280
 Cypress Terrace (757) 833-5720
 Orcutt Townhomes III (757) 928-6187
 Lassiter Courts (757) 928-2690
 Great Oak (757) 592-7448
 Jefferson Brookville (757) 928-2690
 Spratley House (757) 928-6187

**Please use this number ONLY after 5:00 p.m.
 (757) 247-0484**

Manager's Corner



TENANT COUNCIL MEETINGS

Aqueduct	Last Thursday Each Month	10:00 am Gymnasium
Ashe Manor	3rd Thursday Each Month	1:30 pm Community Room
Brighton	3rd Tuesday Each Month	2:00 pm Community Center
Cypress Terrace	2nd Tuesday Each Month	11:00 am Community Center
Great Oak	3rd Thursday Each Month	2:00 pm Community Center
Jefferson Brookville	3rd Thursday Each Month	3:30 pm - Jefferson Brookville Community Room
Lassiter Courts	2nd Thursday Each Month	3:30 pm Community Room
Marshall Courts	3rd Thursday Each Month	2:00 pm Recreation Center
Orcutt Townhomes I	4th Thursday Each Month	10:00 am - Ashe Manor Community Room
Orcutt Townhomes III	4th Thursday Each Month	1:30 pm - Ashe Manor Community Room
Oyster Point	3rd Tuesday Each Month	11:00 am Community Room
Pinecroft	1st Monday Each Month	3:00 pm Lobby
Spratley House	3rd Wednesday Community Room	11:00 am Community Room



A Holiday Self-Care Checklist



People who struggle with anxiety or depression often have difficulty feeling the holiday cheer around this time of year. A time meant for friends and families to come together and celebrate isn't always easy, especially if you are going through something hard. Here are a few tips for help to get you through the holiday season with a focus on self-care:

1. **Take time for yourself.** Remember that you deserve happiness as well. Sometimes you might need a moment alone to help collect your thoughts, and that's ok.
2. **Connect with your breath.** Whether it's from the stress of holidays, social anxiety, or the in-laws, seeking a quiet spot to catch up with your breathing is a good way to relax.
3. **Practice a healthy relationship with food.** Don't let the holidays dictate how you eat. Maintain a balance and stay healthy.
4. **Be mindful about alcohol use.** If you decide to partake, remember to be mindful and make sure you do what's best for you.
4. **Take care of yourself during difficult interactions with family.** Small talk or other social interactions with friends or family members can be difficult. Try having someone to reach out to when you need a break or find a space to take some time away from the turmoil and/or confusion.
5. **Make room for grief during the holidays if you are missing loved ones who have passed.** Save some time for reflection and remember that it's ok to be both happy and sad at the same time, even during the holidays.
6. **Remember that holiday stress will pass.** Just like other times of high anxiety, the stress of the holiday season will soon come to a close. Try to make the best of it while keeping your happiness in mind.



MISSION STATEMENT

The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.